



2⁹⁹

Kraft BBQ Sauce
Select Varieties.
455 mL.



4⁴⁹

Danone Yogourt
Select Varieties.
Activia 650 g.
Expert 4 x 100 g.



Pringles Mega Potato Crisps
Select Varieties. 179 - 188 g.

3⁹⁹



Compliments Hot Dog or Hamburger Buns
12's. 490 - 540 g.

BUY CANADIAN
2⁹⁹



Mars Single Bars or Gum
Or Skittles or Starburst 48 - 61 g.
Chocolate Bars 30 - 57 g.
Excel or Juicy Fruit Gum Each.

3/\$5



Kraft Jet Puffed Marshmallows
400 g.

3⁴⁹



Chapman's Premium Ice Cream or Sorbet
Or Frozen Yogourt. Select Varieties. 2 Litre.
Novelties 275 - 1440 mL. No Sugar Added 1 Litre.
Frozen.

BUY CANADIAN
7⁹⁹



Purex Bathroom Tissue
Double Roll. 242 Sheets. 2 Ply. 8 Roll.

BUY CANADIAN
6⁹⁹

grocery



Hellmann's Mayonnaise
Select Varieties. 710 - 890 mL. **7³⁹**



French's Mustard
Select Varieties. Yellow 550 mL. Specialty 325 mL. **3²⁹**



Heinz Sauces
Lea & Perrins Worcestershire Sauce 284 mL. Select Varieties. HP Sauce 400 mL. **5⁹⁹**



Hunt's Tomato Sauce
Select Varieties. 398 mL. **3/\$5** BUY CANADIAN



Hunt's Manwich Sloppy Joe Sauce
398 mL. **2/\$4⁵⁰**



Hereford Corned Beef
340 g. **5⁴⁹**



Hormel Spam Luncheon Meat
Select Varieties. 340 g. **5⁴⁹**



Burns Flaked Meat
Ham, Chicken or Turkey. 156 g. **2/\$5**



Clover Leaf Pink Salmon
Flaked. 142 g. **2/\$7**



Clover Leaf Tuna Snack Kits
Select Varieties. 90 g. **2²⁹**



Campbell's Soup
Tomato, Cream of Mushroom or Vegetable. Condensed. 12 x 284 mL. **14⁹⁹**



Campbell's Ready to Serve or Habitant Soup
Select Varieties. 510 - 515 mL. Habitant 796 mL. **2/\$6**



Stagg Chili
Select Varieties. 425 g. **4⁴⁹**



Mr. Noodles Instant Noodles
Select Varieties. 12 x 85 g. **4⁹⁹**



Campbell's Spagettios
425 mL. **1⁹⁹**



Robin Hood Flour
Select Varieties. 2.5 kg. **5⁹⁹**



E.D. Smith Pure Pumpkin
796 mL. **4⁴⁹**



E.D. Smith Pie Filling
Select Varieties. 540 mL. **5⁴⁹**



Knox Gelatin
84 g. **4⁹⁹**



Watkins Baking Vanilla Extract
59 mL. **7⁴⁹**



Kellogg's Jumbo Cereal
Select Varieties. 700 g - 1.05 kg. **9⁹⁹**



Kellogg's Jumbo Bars or Squares
Or Pop Tarts. Select Varieties. 588 g - 1.152 kg. **9⁹⁹**



Kellogg's Kashi or Special K Bars
Select Varieties. 165 - 200 g. **3⁹⁹**



Robin Hood Oats
Select Varieties. 1 kg. **3⁹⁹** BUY CANADIAN



Kraft Peanut Butter
Select Varieties. 500 g. **4⁹⁹**



Taco Bell Hard & Soft Taco Dinner Kits
Select Varieties. 260 - 420 g. **5⁹⁹**



Taco Bell Sauce
Select Varieties. 207 - 354 mL. **4⁴⁹**



Club House Seasonings
Select Varieties. 111 - 181 g. **5²⁹**



Minute Rice or Tilda Basmati Rice
Select Varieties. 907 g - 1.4 kg. **7⁹⁹**

Look for the Family Values symbol  that identifies product throughout the store & compare the savings.

beverages & snacks



Quaker Crispy Minis or Rice Cakes
Select Varieties. 90 - 199 g. **3⁹⁹**



Orville Redenbacher's Popcorn
Select Varieties. 246 g. **4⁴⁹**



Kettle Brand Chips
Select Varieties. 368 g. **4⁹⁹**



Planters Nuts
Cashews, Almonds or Mixed Nuts. Select Varieties. 200 g. **6⁹⁹**



Jack Link's Beef Jerky
Select Varieties. 230 g. **16⁹⁹**



Body Armor Sport Drinks
Select Varieties. 473 mL. **2⁹⁹**



Glaceau Vitamin Water
Select Varieties. 591 mL. **2/\$5**



Red Bull Energy Drink
Select Varieties. 355 mL. **2/\$7**



Fruite Beverages
Select Varieties. 2 Litre. **2/\$5**



Allen's Apple Juice
Select Varieties. 1.89 Litre. **3⁹⁹**



Kool-Aid or Crystal Light
Select Varieties. Singles 24 - 54 g. Kool Aid, Tang, Country Time or Mio Liquid 48 mL. Jammers 10 x 180 mL. **3⁹⁹**



Sparkling Ice Water
Select Varieties. 503 mL. **3/\$5**



Ocean Spray 100% Juice
Or Juice Blends. Select Varieties. 1.77 - 1.89 Litre. **4⁹⁹**



Oasis or Del Monte Juices
Or Arizona Iced Tea. Select Varieties. 960 mL. **2/\$5**



Corona Cero Alcohol Free Beer
6 x 330 mL. **12⁹⁹**



Nestle King Bars
Select Varieties. 50 - 94 g. **2⁷⁹**



Dare Real Fruit Gummy Candy
Select Varieties. 180 g. **2⁹⁹**



Nestle Chocolate
Select Varieties. Tablets or Cello. 95 - 130 g. **3⁴⁹**



Mars Chocolate
Or Starburst or Skittles 130 - 170 g. Select Varieties. Mars 95 - 109 g. **3⁹⁹**



Nestle Assorted Snack Size Chocolate Bars
12's. 120 g. **4⁹⁹**



Best Buy Swiss Chocolate Bars
Select Varieties. 100 g. **1⁹⁹**



Compliments Chocolate Covered Almonds or Raisins
Or Confetti Bites. Select Varieties. 350 - 400 g. **7⁴⁹**



Carr's Water Crackers
Select Varieties. 125 - 150 g. **3⁴⁹**



Grissol Bread Snacks
Select Varieties. 120 - 200 g. **2/\$6⁵⁰**



Voortman's Cookies
Select Varieties. 210 - 228 g. **3²⁹**



Hamilton's Milk Lunch Biscuits
300 g. **5⁹⁹**



Pepperidge Farms Family Size Goldfish Crackers
Select Varieties. 750 g. **9⁹⁹**



Nescafé Instant Coffee
Select Varieties. 100 - 170 g. **6⁹⁹**



Folgers K-Cup Coffee
Select Varieties. 210 - 315 g. 30's. **21⁹⁹**



Starbucks Coffee K-Cups
Select Varieties. 24's. **26⁹⁹**

This symbol denotes: Plus deposit and/or environmental levies where applicable.

Family Values

chilled & frozen



Siggis's Yogourt
Select Varieties. 650 - 750 g.

7⁹⁹ BUY CANADIAN



Danone Yogourt
Select Varieties. Oikos 650 - 750 g. Activia 12 x 95 - 100 g.

7⁴⁹



Kozy Shack Puddings
Select Varieties. 452 - 624 g.

3⁹⁹



Tropicana Juice Blends or Pure Leaf Beverages
Selected Varieties. 1.36 - 1.75 Litre.

4⁹⁹



Simply Orange Juice
Select Varieties. 1.36 Litre.

5⁹⁹



International Delight
Select Varieties. 946 mL.

5⁹⁹



Kraft Philadelphia Dips
Select Varieties. 227 g.

3⁹⁹



Black Diamond Cheese Strings
Select Varieties. 168 g.

4⁹⁹ BUY CANADIAN



Kraft Singles Cheese Slices
Select Varieties. 825 g.

10⁹⁹



Saputo Shredded Cheese
Or Armstrong. Select Varieties. 900 g. - 1 kg.

16⁹⁹ BUY CANADIAN



Kraft Philadelphia Cream Cheese
Or McLaren's Imperial Cheese 230 g. Select Varieties. 340 g.

6⁹⁹



Kraft Cool Whip
Select Varieties. Frozen. 1 Litre. Aerosol 225 g.

4⁹⁹



Red Baron Rising Crust Pizza
Select Varieties. 740 - 875 g. Frozen.

7⁷⁹



Smart Ones Entrees
Select Varieties. 241 - 262 g. Frozen.

3⁷⁹



Cheemo Perogies
Cheddar or Variety Pack. 2 kg. Frozen.

5⁹⁹ BUY CANADIAN

household & pet



Scotties Facial Tissue
Select Varieties. 2 Ply 126's or 3 Ply 81's.

2/\$5 BUY CANADIAN



SpongeTowels
2 Roll. Ultra 128 Sheets.

6⁹⁹ BUY CANADIAN



Lysol Cleaners
Select Varieties. 650 mL - 1.2 Litre. or 100 - 680 g.

4⁹⁹



Ziploc Storage or Freezer Bags
Select Varieties. 10's - 90's.

5⁴⁹



Gain Laundry Detergent
Or Downy Fabric Softener. Select Varieties. 1.24 - 1.31 Litre. Flings 310 g. Bounce Dryer Sheets 40's - 80's. Fabric Rinse 473 mL. Scent Boosters 141 - 150 g.

7⁹⁹



Finish Jet Dry
Select Varieties. 473 - 621 mL. Cleaner Tabs 3's.

11⁴⁹



Milk Bone Biscuits or Brushing Chews
Select Varieties. Biscuits 340 - 900 g. Brushing Chews 267 g.

5⁹⁹



Pedigree Vitality Dog Food
2 kg.

12⁹⁹



Compliments Scoopable Clumping Cat Litter
4 kg.

4⁹⁹ BUY CANADIAN



Meow Mix Tasty Layers Cat Food
Select Varieties. 1.36 kg.

9⁹⁹